

## **ABSTRACT**

**mgr Klaudia Blachnicka**

In the present dissertation the role of professional and psychosocial mentoring in women's managerial career progression was discussed. The main purpose of the research project was to identify the relationship between experienced career mentoring and psychosocial mentoring and women's managerial career progression, exemplified by satisfaction with career progression. Specific objectives also included the verification of the influence of the moderating variable of gender dominance of the industry and the mediating variable of career insight on the analysed relationship. The nature of the dissertation is both theoretical and empirical and consists of six chapters. The theoretical part, based on a literature research and a systematic literature review. The empirical part presents the results of own research, in which methodological triangulation was applied. The quantitative and qualitative research conducted allowed to address the formulated research hypotheses. Based on the results obtained, implications for management theory and practice were prepared. The dissertation culminates with the presented recommendations for organisations and individuals on effective career management of female managers using mentoring support.